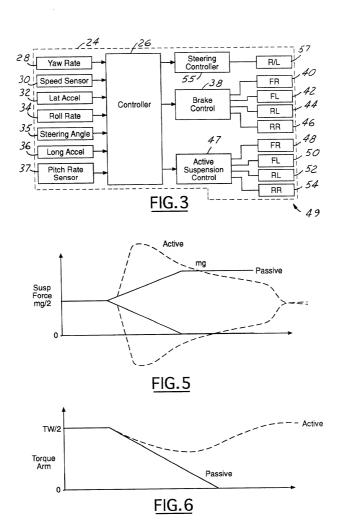


Objective: To reverse sign of $m\Delta Z = (F - mg)\Delta t$

FIG.2



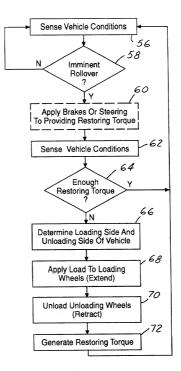


FIG.4